



A. Howard Metro

Shareholder (301) 251-1180 (240) 778-2303 ahmetro@mcmillanmetro.com

Practice Areas

Corporate & Business Law
Business Formation
Business Transactions
General Counsel Services
Intellectual Property
Employment Law
Confidentiality / IP Assignment
Agreements
Executive Compensation, Stock
Options and Incentive Awards

Minimum Wage and Wage Hour Compliance

Restrictive Covenants

Health Law

Disputes & Litigation

Types of Health Care Businesses

Represented

Regulatory Compliance

Health Care Transactions

Business Operations

Individual Services for Professionals

Formation & Start-Up

Education

George Washington University, J.D., *Array*

University of Maryland, B.A.

Bar/Court Admissions

Maryland

I can truly say that I love my work. Building McMillan Metro Faerber has been very rewarding.

Our Firm is dedicated to making a difference by listening to our clients, providing a strategic analysis and committing to a plan of action for every client matter. It has never been our goal to be the largest firm in the DC metropolitan area; rather, to be known for performing outstanding work.

Over the past 40 years, I have had the opportunity to act as general counsel to a wealth of companies. I've been able to help clients tackle challenges and grow their businesses, building many long-lasting relationships along the way.

My core strengths are business, including employment law, mergers, sales and acquisitions, transactions, entity advice, strategic planning and protection of intellectual property assets. By understanding our clients' interests, we implement solutions that provide results that are consistent with our clients' goals.

As past President of our local Montgomery County Bar Association, and as a former law clerk to Judge David L. Calhoun at the Montgomery County, Maryland courthouse, I have been afforded insight into our courts and the processes and procedures. My only goal is to pursue excellence and obtain the best possible results for our clients.

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- · District of Columbia
- Supreme Court of the United States
- U.S. District Court, District Court of Maryland
- U.S. Court of Appeals for the Fourth Circuit
- U.S. Bankruptcy Court, District of Maryland
- U.S. District Court, District of Columbia

Activities/Honors

Honors & Distinctions



A. Howard Metro



- Named Best Lawyer, 2025
- Named Super Lawyer in Maryland : 2007-2025
- Named Super Lawyer in Washington

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D.C., 2023-2025

- Recipient of the James J Hanks Lifetime Achievement Award, 2020
- Chair of Business Law Section Maryland State Bar, 2021
- Business Law Section MSBA
- Named Top Attorney In Bethesda
 Magazine's 2024 "Top Attorneys" issue
- Named Top Attorney In Bethesda
 Magazine's 2021 "Top Attorneys" issue
- Named Top Attorney In Bethesda
 Magazine's 2019 "Top Attorneys" issue
- President's Citation Award, 2013,
 Montgomery County Maryland Bar
 Foundation
- The Daily Record's Leadership in Law Award, 2010
- President, Montgomery County,
 Maryland Bar Association
- President, Montgomery County
 Maryland Bar Foundation
- President, Maryland Institute for Continuing Legal Education

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